

A-Level Psychology

“Some people are afraid of what they might find if they try to analyse themselves too much, but you have to crawl into your wounds to discover where your fears are. Once the bleeding starts, the cleansing can begin.”



Mr Dawson

Welcome to Psychology!

You have chosen to study A-level psychology at Lady Lumley's Sixth Form.

You will be studying AQA A level Psychology. For year 1 you will study seven different topic areas:

- Paper 1:
 - Social influence
 - Memory
 - Attachment
 - Psychopathology
- Paper 2:
 - Approaches
 - Biopsychology
 - Research methods

In September we will be starting with the memory topic to include research methods followed by attachment and psychopathology. Unless otherwise told, these are the topic areas you will be assessed on for the trial exam in January.

As psychology is a new subject for most students it is important that all students have a clear understanding about the nature of psychology and what is required for the course. Psychology is a subject that requires skills from all of the core subjects: English, mathematics and science. Students are required to write coherent and well planned essays; interpret data and conduct mathematical tests; to know and understand some basic anatomy. Please acknowledge that psychology is a very difficult, academic subject that will ask a lot of you. 50% of all the work needed will take place outside of lessons so prepare for independence. This is not a filler subject; it requires full commitment, passion and endurance.

Within this pack I have included a range of tasks for you to complete in order to prepare you for September. If, at any point, you are struggling and need support please feel free to contact me, C.dawson@ll.coastandvale.academy

It is imperative that these tasks are completed ready for our first lesson together.

I look forward to seeing you in September.



Mr C Dawson (Psychology department)

Tasks:

Task 1:

Psychological Approaches

Approaches are specific areas of psychology that attempt to explain behaviour. They include theories and specific psychologists who investigate the mind and behaviour from their associated approaches.

- a) Note down the key points of each approach in each box.
- b) What image could you use to represent each of the approaches? Include this in each box.
- c) Identify one word or statement that can summarise each approach.

Identify the key differences between each approach regarding how they explain behaviour.

Biological approach



Cognitive approach



Learning:
Behavioural approach



Learning- Social
learning theory



<https://www.youtube.com/watch?v=pnB8uh37SWs>

<https://psychologyalevel.com/aqa-psychology-revision-notes/approaches-in-psychology/>

Task 2: Course to complete Starting with psychology

<https://www.open.edu/openlearn/health-sports-psychology/psychology/starting-psychology/content-section-0?active-tab=description-tab>

You will need to complete this and provide your certificate of completion ready for our first lesson in September.

A level revision website for research

<https://www.simplypsychology.org/a-level-psychology.html>

<https://www.s-cool.co.uk/a-level/psychology/social-influence>

<https://revisionworld.com/a2-level-level-revision/psychology/useful-links-3>

<https://studywise.co.uk/a-level-revision/psychology/notes/#2>

Film/TV

Films that would be beneficial watching prior to the course starting in September:

- *The experiment (starring Adrien Brody)
- *The wave (german with subtitles)
- *The Stanford prison experiment (starring Ezra Miller)
- *The Bourne identity- series

TV- Any documentaries on TV or via youtube that have a focus on the mind and behaviour will help you prepare for the course.

TED talks on youtube are also very informative:

Speakers that would benefit include:

- *Susan Cain (*personality*)
- *Elizabeth Loftus (*eyewitness testimony*)
- *Philip Zimbardo (*Lucifer effect- good people doing bad things*)
- *Angela Lee Duckworth (*mindset*)

Thank you

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