






# Secondary Spring Term 2023

## Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Traditional	Traditional	Traditional	Traditional	Traditional
Beef & Mushroom Pie with New Potatoes	Sausage Toad in the Hole with Mashed Potatoes & Gravy	Roast Chicken with Sage & Onion Stuffing and Roast Potatoes	VG Cottage Pie	Crispy Battered Fish & Chips
Fusion	Fusion	Fusion	Fusion	Fusion
V Vegetable Lasagne with Garlic Bread	Flamin' Fish Fillet in a Bun 	V Veggie Burrito with Rice 	Spaghetti Bolognese with Garlic Bread	Chicken & Vegetable Noodles
Street	Street	Street	Street	Street
Sweet & Sour Chicken Rice Pot 	V Mac 'n' Cheese Mega Bites with Garlic Mayo 	VG Veggie Burger with Salad *TBC on Vegan	V (Neo) Pizza Bar 	VG (Quorn) Nuggets with Ketchup & Potato Wedges
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Seasonal Spring Vegetables or Salad	Seasonal Spring Vegetables or Salad	Seasonal Spring Vegetables or Salad	Seasonal Spring Vegetables or Salad	Seasonal Spring Vegetables or Salad
Dessert	Dessert	Dessert	Dessert	Dessert
Apple Crumble & Custard	Chocolate Orange Sponge with Chocolate Sauce	Fruit Trifle	Carrot Cake	Lime Drizzle Cake

## Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Traditional	Traditional	Traditional	Traditional	Traditional
V Cauliflower & Broccoli Macaroni Cheese	Sausages & Mashed Potatoes with Onion Gravy	Minced Beef & Yorkshire Puddings with Baked Baby Potatoes	Chicken & Leek Pie with Diced Potatoes	Crispy Battered Fish with Chips
Fusion	Fusion	Fusion	Fusion	Fusion
Chicken Korma, Rice & Naan	V Veggie Sausage and Tomato Pasta Bake	Tomato & Meatball Pasta Pot Hilcona	Chicken in Black Bean Sauce with Rice	V Cheesy Bean Quesadillas
Street	Street	Street	Street	Street
Greek Style Gyros with Flatbread & Mint Yoghurt ■	Salmon & Sweet Potato Fishcake & Chilli Dip	VG BBQ (Quorn) Fillet & Corn on the Cob	V (Neo) Pizza Bar Tugo	Buffalo Chicken Baguette ■
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Seasonal Spring Vegetables or Salad	Seasonal Spring Vegetables or Salad	Seasonal Spring Vegetables or Salad	Seasonal Spring Vegetables or Salad	Seasonal Spring Vegetables or Salad
Dessert	Dessert	Dessert	Dessert	Dessert
Raspberry & Apple Doughnut Muffin	Syrup Sponge & Custard	Chocolate Cornflake Pudding	Jam Roly Poly & Custard	Fruit Cheesecake

## Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Traditional	Traditional	Traditional	Traditional	Traditional
Chicken & Vegetable Pie with Mashed Potatoes	Beef Lasagne with Garlic Bread	Roast Gammon & Herby New Potatoes	V Mac 'n' Cheese	Crispy Battered Fish & Chips
Fusion	Fusion	Fusion	Fusion	Fusion
Mexican Chilli & Rice	VG Vegetable Chilli & Rice	Cheese Burger with Salsa	Pulled Pork Dirty Wedges LJ	VG Bean & Vegetable Burrito
Street	Street	Street	Street	Street
V (Neo) Pizza Bar Tugo	Piri Piri Chicken Pitta & 'Slaw ■	V Mascarpone, Tomato & Basil Pasta Pot Tugo	V Vegetable Sweet & Sour Noodles Pot Tugo	Chicken Katsu Curry & Rice ■
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Seasonal Spring Vegetables or Salad	Seasonal Spring Vegetables or Salad	Seasonal Spring Vegetables or Salad	Seasonal Spring Vegetables or Salad	Seasonal Spring Vegetables or Salad
Dessert	Dessert	Dessert	Dessert	Dessert
Lemon Muffin	Apple Sponge & Custard	Fruit Crumble Slice	Chocolate (Banana) Sponge & Chocolate Sauce	Treacle Cornflake Tart & Custard