



Lady Lumley's School

8th October 2021

Dear Parents and Carers

I am writing to let you know there has been a gradual increase of confirmed cases of COVID-19 within Year 9.

Schools are no longer required to undertake detailed contact tracing for cases of COVID-19 (unless in very exceptional circumstances) and following discussion with the North Yorkshire Public Health team we have been advised to **recommend that your child has a PCR test as it is *likely* that they have been in close contact with a positive case**. If your child currently has Covid or has had Covid in the last 90 days, then the guidance states that they do not need to take further tests, unless they develop new symptoms during this time.

PCR tests can be accessed via <https://www.gov.uk/get-coronavirus-test>. It may be easier to request a home testing kit where available. **Students do not need to isolate while they wait for the result, unless they have symptoms and should continue to attend school as normal.**

Test and Trace may be in touch with you in the coming days if your child is directly identified as a close contact by the case, but as a school we will not pass personal contact details on to the confirmed cases to share with Test and Trace. Children who are close contacts of someone with COVID-19 are no longer required to isolate unless they develop symptoms.

The 3 main symptoms of COVID-19 remain a fever (temperature 37.8°C or higher), a new continuous cough, or a change to/loss of taste or smell. However, other commonly reported symptoms of the Delta variant include headache, sore throat, tiredness, and cold-like symptoms, so please be aware of these as well and stay at home and seek further testing if you are in any doubt.

Regular lateral flow testing will also help to identify individuals with COVID-19 who are not displaying symptoms. In addition to undertaking a PCR test, we are recommending daily lateral flow testing, for seven days, to pick up any additional cases more quickly. You must request a confirmatory PCR test should the result come back positive. Lateral flow tests can be ordered online from <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>.

Yours sincerely

Clair Foden
Headteacher