



Lady Lumley's School

# Newsletter

12th February 2021 Issue Number 521



Dear Parent and Carers

I cannot believe we have got to the end of yet another half term and I am sure you will agree it has been an interesting one to say the least. Can I, once again, thank you for all your support during what I know has been a really stressful time for families. I am aware of the challenges remote learning brings and obviously it is impossible to replicate what goes on in school. Thank you for all your feedback and we have been modifying our approach as we go. As you will be aware, schools will remain closed until at least the 8<sup>th</sup> of March with an announcement due on February 22<sup>nd</sup> as to when schools can re-open. I do not want to speculate too much but I really do hope that at least some students, if not all, are back to school on the 8<sup>th</sup> of March. I will of course keep you updated once we know more. Next week is the half term holidays, and so students will not be set any work and school will be closed to all students. I am sure students and staff are ready for a break. Following the break, it will be important that students get back into the normal school routines, as I have said in previous newsletters, they have been fantastic at keeping on top of the work set and it is important that they continue in the same way. I hope all the students have a fantastic half term and please keep reminding them to stay safe!

Best Wishes

Stuart Cleary

## House Ultimate Warrior Challenge

Thank you and well done to everyone who took part in the House 'Ultimate Warrior' challenge. The results have been counted and verified and the overall positions are as follows:

1st – Hainsworth

2nd – Highfield

3rd – Feversham

4th – Acland

Well done to the following students who achieved the fastest times in the various categories:

**Eliza Hammond, Charlotte Pratt, Naomi Drake, Owen Jeffrey, Aidan Brennan and Philippa Thompson.**

The challenge was also set for the staff. The winner of an incredibly competitive staff event was Mr Gill, of Highfield. Congratulations!

Well done again to everyone who took part. Look out for the next House challenge, coming your way after half-term. Miss Robinson

## ParentPay

We would once again like to encourage all parents and carers to access their child's ParentPay accounts.

We are using ParentPay as a way of communicating all important updates from school and information and reports about your child through email and text messages. Your contact details will be stored securely and not given to any third parties. If you do not have your ParentPay login details, please contact Janet Philips either by phone: 01751 470043 or by email: [jphilips@ladylumleys.net](mailto:jphilips@ladylumleys.net). Thank you.



## Virtual Hot Choc Fridays

643 Virtual Hot Choc Fridays have been sent out this half-term. Keep up the great work!



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## Yoga

We have been very lucky to secure some bespoke yoga sessions for our school community. Chantelle from The Balance Rooms in Pickering has recorded an online class which we have uploaded to our Youtube channels. This is a great opportunity for our students, parents, and staff to take some time to relax, stretch and breathe. If you have never tried yoga before, this could be the time you do!

<https://www.youtube.com/watch?v=rOoZlil82MI&t=3s>



## What is Yoga?

Yoga is a form of exercise that focuses on strength, flexibility and breathing to boost physical and mental wellbeing. The main components of yoga are postures (a series of movements designed to increase strength and flexibility) and breathing. Studies suggest yoga is a safe and effective way to increase physical activity, especially strength, flexibility and balance. There's some evidence that regular yoga practice is beneficial for people with high blood pressure, heart disease, aches and pains – including lower back pain – depression and stress.

## Can you walk 'Coast to Coast'? (virtually!!)

### St. Bees to Robin Hood's Bay – 190 miles

This is an individual and/or family challenge, which is suitable for people of all ages. You can find details and information about the challenge on the bulletin page for each Year group on ItsLearning. The aim is to complete the challenge between St. Valentine's Day and Easter Sunday. I hope you will feel that you and your family can get involved in the challenge – and you will all enjoy taking part.

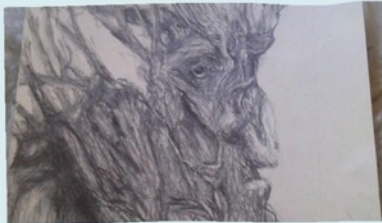
If you have any questions please email me – [srobinson@ladylumleys.net](mailto:srobinson@ladylumleys.net)  
Thank you. Good luck! Miss Robinson



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# HALF TERM ACTIVITY IDEAS



Take some inspiration  
from Mrs Gibson's art...

## FREE DRAW CHALLENGE



Draw a character from a book or film

Design a skateboard

Create a new ice-cream flavour

Draw something you're proud of

Draw your best memory



Follow the link to our  
YouTube channel  
and complete the  
yoga session led by  
Chantelle from the  
Balance Rooms in  
Pickering:

[www.youtube.com/watch?v=rOoZlil82MI&t=12s](https://www.youtube.com/watch?v=rOoZlil82MI&t=12s)

The  
Old Vic theatre has some  
resources and workshops  
that you could enjoy  
doing. They're all musical  
theatre focused, singing  
and  
acting.

[www.oldvictheatre.com/join-in/education-hub?gclid=EAlaIQobChMI9YmshtDh7gIVx7TtCh3v6A8HEAAYASAAEgJRZ\\_D\\_BwE](https://www.oldvictheatre.com/join-in/education-hub?gclid=EAlaIQobChMI9YmshtDh7gIVx7TtCh3v6A8HEAAYASAAEgJRZ_D_BwE)

Check our school  
bulletin boards for  
more  
detail of how you  
can get involved  
with the virtual  
'Coast to Coast'  
challenge.

**Friday 12th February - School Closes for All Students**  
**Monday 22nd February - School Reopens for Critical Workers & Vulnerable Students**  
**Remote Learning Resumes**



We know that a lot of people are finding things difficult in the latest lockdown and we are trying to make sure that children in the Pickering area (YO18 postcodes) do not go hungry. Help is available through FISH – Food in School Holidays. We have funds and food and if you would like some help, please advise the school and they will pass on your name, address and contact details so that we can get in touch to see how we can help with a food parcel. Everything will be in the strictest confidence as we try to give you a helping hand through these trying times. Contact the school at Tel: 01751 472946 or Email: [admin@ladylumleys.net](mailto:admin@ladylumleys.net)

Please also note that Food Share in Pickering distributes food, free of charge, on Monday evenings between 5.30-7.30pm and Wednesdays and Fridays between 10am-1pm, at Ings Garth Centre, Pike Road.

**Useful Contact Information:**

**Main School Office:** 01751 472846

**Sixth form:** 01751 470024

**Finance Office (ParentPay):** 01751 470043

**Finance Office (ParentPay) Email:**

[Jphillips@ladylumleys.net](mailto:Jphillips@ladylumleys.net)

**Admin Email:** [admin@ladylumleys.net](mailto:admin@ladylumleys.net)

**Student Support Email:**

[support@ladylumleys.net](mailto:support@ladylumleys.net)

**Twitter** @ladylumleys

**Out of Hours Covid-19:** 07308 305913



**Supporting wellbeing**

During these uncertain times it is important to look after our wellbeing, so here's a reminder of where you can look for support or guidance:

**Student Support email** - [support@ladylumleys.net](mailto:support@ladylumleys.net) available for students who might be finding things difficult at the moment. A member of the pastoral team will reply to this email.

**Young Minds** – Their website includes guides for both parents/carers and young people. As a school we successfully raised over £500 through our 'Hello Yellow' non-uniform day back in October.

**One You** - The 'Every Mind Matters' campaign from the NHS includes guides on dealing with change, self care and dealing with social media. There are tips for parents/carers to help support children who may be struggling with their mental health.

**NHS England** – A clear article with tips and guidance on what to do if you're a young person and you're struggling, including further links to other websites and support.

**Rise Above** – Orientated towards young people, this website has plenty of videos and tips on a wide range of wellbeing and mental health issues.

**Compass Buzz** 'Buzz US' service - Compass BUZZ offers a confidential text messaging service to young people aged 11-18 across North Yorkshire. By texting the service on 07520 631168 you will be able to receive confidential advice, support and signposting from a wellbeing worker within one working day via text.

**NYSCP - Safeguarding Awareness to Parents/Carers**

We are very excited to officially announce our new page on Facebook.

We will be sharing a variety of useful content to:

- raise awareness of safeguarding issues primarily with parents and carers
- help parents and carers know how to keep their children safe
- provide links to key services where children, young people, parents and carers can find help and support

Check out our page at [facebook.com/nyscp1](https://facebook.com/nyscp1) and be sure to LIKE and FOLLOW us!

Don't forget you can also:

- Visit our website at [safeguardingchildren.co.uk](https://safeguardingchildren.co.uk)
- Follow us on Twitter at [twitter.com/nyscp1](https://twitter.com/nyscp1)
- Check us out on Instagram at [instagram.com/nyscp](https://instagram.com/nyscp)

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